**Grappler Family Volunteer Opportunities**

The Metuchen Grapplers is a **completely non-profit, volunteer-run organization**, and our strength truly comes from the dedication and passion of our families and community. Year after year, we rely on the generous support of parents and local businesses to keep our program thriving and to provide the best possible experience for our young wrestlers.

Volunteering with the Grapplers is a rewarding way to get involved—whether it’s through **fundraising efforts, coaching, organizing carpools, or helping at practices and events**. Every role, big or small, plays a vital part in supporting our team and building a strong, welcoming community.

Our most significant volunteer opportunity—and one that truly defines us—is the annual **Metuchen Grapplers Novice Tournament**, typically held on **Super Bowl Sundays**. This tournament has been a cornerstone event for decades, bringing together wrestlers from across the region and showcasing the talent and spirit of our youth athletes. The tournament requires a tremendous amount of planning and hands-on assistance, from registration and setup to scoring, concessions, and clean-up. Without the unwavering commitment of Metuchen families and local businesses volunteering their time and resources, this event—and many others like it—would not be possible.

We are incredibly grateful for the decades-long support from our community, which allows us to continue fostering a safe, fun, competitive environment where our wrestlers can learn, grow, and succeed.

If you’re interested in joining the Grappler family as a volunteer, we welcome you with open arms! Together, we can continue to build a legacy of excellence both on and off the mat.

Thank you,

**Coach Jeremy / President**